

| Tennis | |
|----------------|---------|
| Training | 200 lux |
| Clubcompetitie | 300 lux |
| Topsport | 500 lux |

| Voetbal | |
|-------------------|---------|
| Training | 75 lux |
| Inhaalwedstrijden | 120 lux |
| Clubcompetitie | 200 lux |
| Topsport | 500 lux |

| Rugby | |
|----------------|---------|
| Training | 75 lux |
| Clubcompetitie | 200 lux |
| Topsport | 500 lux |

| Honkbal | Infield | Outfield |
|----------------|----------------|---------------------------|
| Training | 300 lux | 200 lux |
| Clubcompetitie | 500 lux | 300 lux |
| | | (KNBSB-eis voor training) |
| Topsport | 750 lux | 500 lux |

| Softbal | Infield | Outfield |
|----------------|----------------|---------------------------|
| Training | 200 lux | 100 lux |
| Clubcompetitie | 500 lux | 300 lux |
| | | (KNBSB-eis voor training) |
| Topsport | 750 lux | 500 lux |

| Korfbal | Buiten | Binnen |
|----------------|---------------|---------------|
| Training | 75 lux | |
| Clubcompetitie | 200 lux | 500 lux |
| Topsport | 500 lux | 750 lux |

| Hockey | |
|----------------|---------|
| Training | 200 lux |
| Clubcompetitie | 250 lux |
| Topsport | 500 lux |

| Handbal | Buiten | Binnen |
|----------------|---------------|---------------|
| Training | 100 lux | |
| Clubcomp | 200 lux | 500 lux |
| Topsport | 500 lux | 750 lux |

| Jeu de Boules | |
|----------------------|---------|
| Accommodatie A | 400 lux |
| Accommodatie B,C,D | 300 lux |

| Sporthal/Gymnastiekzaal algemeen | |
|---|---------|
| Clubcompetitie | 500 lux |
| Topsport | 750 lux |

| Handboogsport | |
|-----------------------|---------|
| Wedstrijdruimte | 250 lux |
| Doelenlijn/achterwand | 750 lux |

| Squash | |
|----------------|---------|
| Clubcompetitie | 500 lux |
| Topsport | 750 lux |

| Atletiek (Baan + middenterrein) | |
|--|---------------|
| Training | 75 - 100 lux |
| Wedstrijden | 120 - 150 lux |